

Test de

0

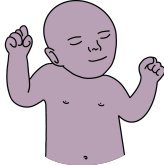
1

2

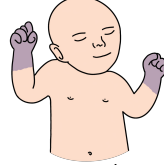
Valora la adaptación
cardiorrespiratoria
en la vida
extrauterina

A

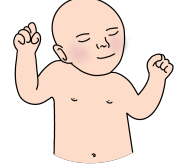
pariencia



Cianosis generalizada



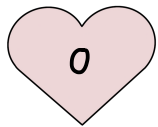
Cianosis distal



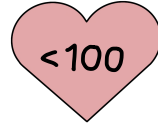
Sonrosado

P

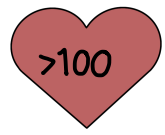
ulso



0



<100



>100

G

estos



Sin respuesta



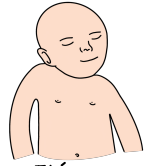
Mueca y llanto débil



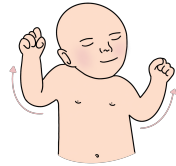
Llanto, tos y estornudos

A

ctividad



Flácido



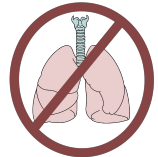
Tono bajo



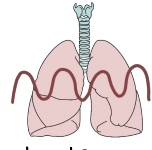
Tono normal

R

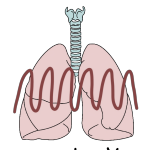
espiración



Ausente



Lenta e irregular



Fuerte y regular

Puntuación ↴

- ✓ 7-10 Normal
- ⚠ 4-6 Dificultad moderada
- 🚫 0-3 Dificultad marcada



Se realiza al:

- 1er min. de vida y a los
- 5 min. de vida

MNEMOTECNIA

F E T I C O
 F.C. E.R. Tono Irrit. Color